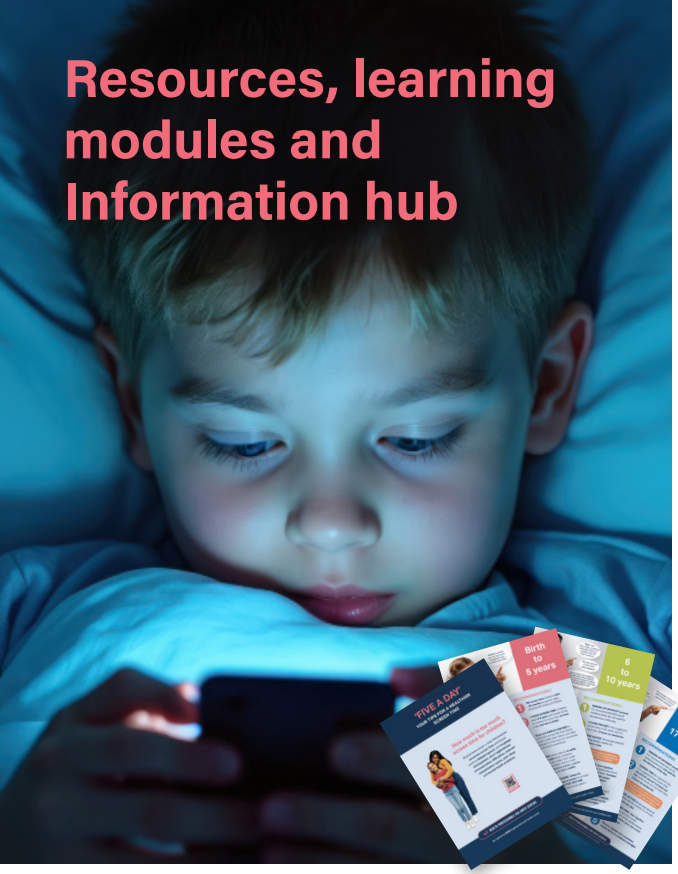
Resources, learning modules and Information hub



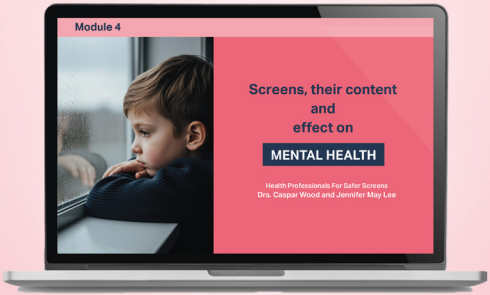
HEALTH PROFESSIONALS FOR SAFER SCREENS

HPFSS provide research-backed guides, learning series, and advice for parents, educators, and health professionals on managing digital lives.

Go to our website to find access to lectures, downloadable guides and ready-to-use informational material that you can share with families and parents.

SCAN ME

https://healthprofessionalsforsaferscreens.org



Health Professionals for Safer Screens (HPFSS) offers a free, evidence-based six-module educational programme designed to help clinicians understand and manage the impact of digital media and smartphones on children and adolescents.

Course Modules:

1. Introduction to the course
2. Screens, their Content and Effect on Sleep
3. Screens, their Content and Developmental Impacts
4. Screens, their Content and Effect on Mental Health
5. Screens, their Content and Neurodivergence
6. Practical Applications and Take-Home Messages for Clinical Practice

Scan to learn

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